
TOURETTE'S DISORDER CHECKLIST

This checklist is designed as a measure of symptomatology. It must be interpreted in the context of individual client circumstances and as such should be used only in combination with comprehensive medical and clinical assessments. It is **NOT** a stand-alone diagnostic tool.

A **tic** is a sudden, rapid, recurring, non-rhythmic **body movement** or **sound**. **Tourette's disorder** involves the following pattern of tic symptoms:

- Multiple motor **and** multiple vocal tics have been present at some time, though not necessarily both at the same time.
- Their frequency may vary, but have persisted for **at least 1 year**.
- The disturbance is not better explained by the physiological effects of a substance or other medical condition

If a person has experienced **all the above symptoms prior to age 18**, they may meet criteria for a diagnosis of **Tourette's Disorder**. If they experience tics but do not experience all the above symptoms, they may still meet criteria for another form of tic disorder and may benefit from further clinical assessment.

For a more comprehensive assessment, contact Strategic Psychology to book an appointment at **strategicpsychology.com.au**

Reference:

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders (DSM-5)*. Washington, D.C.: American Psychiatric Association.